

## KINDERWORLD KINDERGARTEN

## **MENU FOR TERM II - SY 2024-2025**

| WEEK | DAY             |                  | MONDAY  | TUESDAY                           | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|------|-----------------|------------------|---|-----------------------------------|---|--|--|--|
| 1    | DATE            |                  | 21-Oct-24   | 22-Oct-24                         | 23-Oct-24   | 24-Oct-24  | 25-Oct-24  | 26-Oct-24  |
|      | MORNING SNACK   |                  | Hue vermicelli with beef<br>broth                   | Strawberry sponge roll            | Sticky rice with minced quail meat  | Duck congee  | Egg noodles with pork<br>char-siu and egg soup         | Pasta Bolognese  |
|      |                 |                  |   | Fresh milk                        | Watermelon  | Crispy croutons  |  |  |
|      | LUNCH           | SOUP             | Malabar nightshade<br>soup                          | Creamy pumpkin soup               | Cucumber and carrot   | Miso soup  | Green squash soup                                      | Mixed vegetables and lotus seeds soup                          |
|      |                 | VEGETABLE        | Boiled sweet choy with mushroom sauce               | Steamed vegetables with butter    | Vietnamese grilled pork<br>and fried spring roll<br>served with vermicelli,<br>pickel and dipping sauce | Boiled vegetables with seasame dressing                      | Steamed bok choy with garlic and soy sauce             | Boiled cabbage with soya sauce                                 |
|      |                 | MAIN COURSE<br>1 | Battered chicken served with steamed rice           | Pasta Bolognese                   |   | Simmered meat balls<br>served with steamed<br>rice           | Vietnamese braised<br>beef served with<br>steamed rice | Braised chicken and mushrooms served with steamed rice         |
|      |                 | MAIN COURSE<br>2 | Braised pork and egg<br>served with steamed<br>rice | Grilled sausage served with pasta |   | Fish in tomato and dill<br>sauce served with<br>steamed rice | Sweet and sour chicken served with steamed rice        | Minced pork in beltel nu<br>leaves served with<br>steamed rice |
|      |                 | DESSERT          | Watermelon  | Papaya                            | Sweetened taro and sago with coconut milk soup  | Mango jelly  | Mixed fresh fruits                                     | Watermelon   |
|      |                 | NOTE             | Asian lunch set                                     | Western lunch set                 | Vietnamese lunch set  | Vietnamese lunch set   | Asian lunch set  | Asian lunch set  |
|      | AFTERNOON SNACK |                  | Floss cake  | Pancake served with honey         | Chocolate muffin  | Taro balls   | Flat rice with fish soup                               | Vordourt   |
|      |                 |                  | Passion fruit juice                                 | The laughing cow cheese           | Mixed fresh fruits  | Fresh milk   |  | Yoghurt  |



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|------|---------------|------------------|---|---|---|--|---|---|
|      | DATE          |                  | 28-Oct-24   | 29-Oct-24                                     | 30-Oct-24   | 31-Oct-24  | 01-Nov-24   | 02-Nov-24   |
|      | MORNING SNACK |                  | Quail meat and lotus seed congee                      | Vietnamese chicken<br>noodles soup            | Prawn and king<br>mushroom soup                               | Field crab Vermiceli<br>soup   | Hai Phong style pate<br>bread                     | Vietnamese vermicelli<br>with duck broth                                    |
|      |               |                  | Croutons  |   | Dragon fruit  |  | Fresh milk  |   |
|      | LUNCH         | SOUP             | Sweet choy soup                                       | Creamy mushroom soup                          | Katuk soup  | Tofu and minced pork soup  | Malabar nightshade<br>soup                        | Green mustard soup  |
|      |               | VEGETABLE        | Stir fried chayote with garlic                        | Sliced cucumber                               | Quang Dong Roasted<br>chicken served with<br>mixed fried rice | Steamed Sweet choy with mushroom sauce                                 | Boiled cabbage with oyster sauce                  | Wok-fried cabbage with garlic   |
| 2    |               | MAIN COURSE<br>1 | Braised chicken and mushroom served with steamed rice | Beef burger served with french fries          |   | Wok-fried pork with<br>mixed vegetables<br>served with steamed<br>rice | Szechuan tofu served<br>with steamed rice         | Braised beef with<br>mushroom and soya<br>sauce served with<br>steamed rice |
|      |               | MAIN COURSE<br>2 | Fish finger served with steamed rice                  | Pan-fried egg served<br>with french fries     | Shrimp cracker served with mixed fried rice                   | Fried seafood with<br>salted egg served with<br>steamed rice           | Simmered prawns and pork served with steamed rice | Work-fried chicken with sambal sauce served with steamed rice               |
|      |               | DESSERT          | Mixed fresh fruits                                    | Coconut jelly                                 | Sweetenned tofu and mixed jelly with ginger syrup             | Papaya   | Watermelon  | Mixed fresh fruits  |
|      |               | NOTE             | Vietnamese lunch set                                  | Western lunch set                             | Asian lunch set   | Vietnamese lunch set   | Asian lunch set                                   | Vietnamese lunch set  |
|      |               |                  | Dried vermicelli with pork paste and tomato broth     | Steamed buns served with simmered minced pork | Toast with butter and strawbery jam                           | Korean Kimbap  | Fusilli with Bolognese                            | Raisin pancake served   |
|      |               |                  |   | Fresh milk                                    | Banana  | Passion fruit juice  | sauce   | with honey  |